

Chicken Breast Breaded Louisiana Style Fully Cooked 4 Ounce

Item Number: 802070

Brand: John Soules Foods

Manufacturer #: 60438

Vendor: John Soules Foods

GTIN: 10034695604387

Category: Poultry

Pack Size: 4/5 pound

Description: Breaded Chicken Breast Louisiana Style. Frozen, Fully Cooked Breaded Chicken Breast with Rib Meat - Chicken Fillets. Approximately 80 count/4 ounce per case.

Nutrition Facts

Serving Size: 100 grams (4 oz)
Servings per Case: 90

Calories: 190 cal

% Daily Value*

Total Fat: 6 g 8%

Saturated Fat: 1 g 5%

Trans Fat: 0 g

Cholesterol: 45 mg 15%

Sodium: 520 mg 22%

Total Carbs.: 17 g 6%

Dietary Fiber: 1 g 4%

Sugars: 0g

Protein: 16 g

Vitamin A: (0%) Vitamin C: (0%)

Vitamin D: Potassium:

Calcium: (0%) Iron: (6%)

Thiamin: Vitamin B6:

Riboflavin: Vitamin B12:

Niacin: Vitamin E:

Phosphorous: Zinc:

Folate: Copper:

*Percent Daily Values are based on a 2,000 calorie diet.

Serving Suggestions: 100 grams

Preparation & Cooking: Heat to an internal temperature 165 degree Fahrenheit

Preparation Type: Prepared

Storage & Usage: 365 days frozen unopened

Storage Temperature: -10 / 20

Shelf Life: 365

Ingredients: CHICKEN BREAST WITH RIB MEAT, WATER, SEASONING (FLAVOR [SALT, TORULA YEAST, CHICKEN FAT, CHICKEN BROTH AND NATURAL FLAVOR], MODIFIED FOOD STARCH, SODIUM PHOSPHATE, FLAVORING, SUGAR, MOLASSES [CANE SUGAR, CANE MOLASSES]). PREDUSTED AND BATTERED WITH: BATTER (WHEAT FLOUR, SALT, NONFAT DRY MILK, POTASSIUM BICARBONATE, PAPRIKA EXTRACTIVE, SODIUM BICARBONATE) AND WATER. BREADED WITH: WHEAT FLOUR, SALT, NONFAT DRY MILK, SODIUM BICARBONATE, PAPRIKA EXTRACTIVE. BREADING SET IN VEGETABLE OIL.

Allergens

Crustacean	Free From
Eggs	Free From
Fish	Free From
Milk	Contains
Peanuts	Free From
Sesame	Free From
Soy	Free From
Tree Nuts	Free From
Wheat	Contains